

THERAPEUTIC INDEX

Abscess	bergamot/lavender
Acne	
local:	bergamot/camphor/cedarwood/juniper lavender/sandalwood
general:	non-toxic diet and depurative essences
Alcoholism	fennel/rose (see also liver, cirrhosis)
Allergies	camomile/melissa
Alopecia	lavender/rosemary
Anxiety	see nervous tension
Appendicitis	(first aid-only) lavender compress
Appetite (loss of)	ascertain cause, and treat accordingly. A fast is probably indicated. Many essences stimulate appetite including camomile/cardamon/fennel juniper/rosemary
Arteriosclerosis	marjoram
Arteritis	see rheumatism
Arthritis	benzoin/cypress/eucalyptus/hyssop
Asthma	lavender/marjoram/melissa see alopecia
Baldness	
Boils	
local:	camomile/clary/lavender
general:	non-toxic diet, depurative essence
Breasts	
insufficient milk (of nursing mothers):	fennel/jasmine
engorgement:	geranium/peppermint
Bronchitis	basil/benzoin/bergamot/camphor/cardamon cedarwood/eucalyptus/frankincense/hyssop lavender/peppermint/rosemary/sandalwood camphor/hyssop
Bruises	
Burns	
local:	camomile/camphor/eucalyptus/geranium lavender
general:	see shock
Cancer	
general:	cedarwood? cypress? eucalyptus/hyssop
uterine cancer:	bergamot/eucalyptus/geranium (these essences are not put forward as complete cures in themselves)
Carbuncles	
local:	bergamot/frankincense/lavender
general:	non-toxic diet, depurative essences
Catarrh	cedarwood/eucalyptus/frankincense hyssop/lavender/myrrh/sandalwood
Cellulitis	
local:	juniper/lavender/rosemary
general:	non-toxic diet
Childbirth	jasmine/lavender
Chlorosis	see liver
Cholecystitis	see gall bladder